

## BREASTFEEDING RESOURCES

This list is provided by the  
Washington Ozaukee County  
Breastfeeding Coalition  
Washington County 262-335-4466  
Ozaukee County 262-284-8170



### LACTATION CONSULTANTS

- Aurora Medical Center, Grafton  
262-329-4907
- Columbia Center Birth Hospital, Mequon  
262-243-6632
- Community Memorial Hospital, Menomonee Falls  
262-257-5030
- St. Joseph's Hospital, West Bend  
262-836-8386
- Lactation Consultants and Support

ZipMilk.org *Search by zip code*

### BREAST PUMPS

Many private health plans now cover pumps as  
part of the Affordable Care Act.

1. Contact your insurance Customer Service Department.
2. Ask how to get your personal electric pump.

You may need to order the pump through a  
Durable Medical Equipment Provider (DME).

For questions about rentals, contact the Lactation  
consultant at the hospital .

### IN PERSON & PHONE SUPPORT

- **Breastfeeding Support Group** *call 414-805-3666 to register*  
1st Tuesday of the month: 1-3pm, Community Memorial Hospital,  
Menomonee Falls  
3rd Wednesday of the month: 1-3pm, St. Joseph's Hospital,  
West Bend
- **LaLeche League of Wisconsin** [www.lllofwi.org](http://www.lllofwi.org)  
Germantown/Menomonee Falls: Current leader phone numbers and  
meeting information listed on website
- **Mommy & Me - Aurora Medical Center Grafton** *Ages*  
*Birth—12 months, Wed 10-11:30am, Questions 262-329-4907*
- **Moms' Group, Columbia Center Birth Hospital Family**  
**Room** *Wed 10-11:30am, Fri 1:30-3:00pm Questions 262-243-6632*
- **National BF helpline 800-994-9662, M-F, 8-5**
- **WIC - Breastfeeding Counselors** *See WIC phone number*

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### WEBSITES/APPS

- [www.healthychildren.org](http://www.healthychildren.org)
- [www.kellymom.com/bf](http://www.kellymom.com/bf)
- [www.womenshealth.gov/breastfeeding](http://www.womenshealth.gov/breastfeeding)
- [www.workandpump.com](http://www.workandpump.com)
- [www.zipmilk.org](http://www.zipmilk.org)
- Breastfeeding Solutions App

### COUNTY AGENCIES

- **WIC** Provides nutrition and breastfeeding education and supplemental food for pregnant and postpartum moms and children until age 5. Based on income.  
*Washington County:* 262-335-4466  
*Ozaukee County:* 262-284-8172
- **Health Department Public Health Nurse**  
*Provides free phone consultation for new moms who have questions and concerns about breastfeeding.*  
*Washington County:* 262-335-4462  
*Ozaukee County:* 262-284-8170

### WORKING AND BREASTFEEDING

- **Fair Labor Standards Act (FLSA), Section 7**

Employers are required to provide “reasonable break time for an employee to express breast milk for her nursing child for 1 year after the child’s birth each time such employee has need to express the milk”.

- **Wisconsin State Statute 253.16**

A mother may breastfeed her child in any public or private location where the mother and child are otherwise authorized to be. In such a location, no person may prohibit a mother from breastfeeding her child, direct a mother to cover her child or breast while breastfeeding or to otherwise restrict a mother from breastfeeding.

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- [www.healthychildren.org](http://www.healthychildren.org)
- [www.kellymom.com/bf](http://www.kellymom.com/bf)
- [www.womenshealth.gov/breastfeeding](http://www.womenshealth.gov/breastfeeding)
- [www.workandpump.com](http://www.workandpump.com)
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